



OOSTBURG CHRISTIAN SCHOOL PHYSICAL EDUCATION CURRICULUM GOALS, OBJECTIVES AND SCOPE AND SEQUENCE

The Goal of Christian Education

The primary goal of Christian education consists of helping each student to grow into an independent person so that he/she can serve God according to His Word and is able and willing to employ all his/her talents to the honor of God and for the well being of his/her fellow creatures, in every area of life in which he/she is placed by God.

The Objectives of Christian Education

- A. Deepen his/her commitment to love God.
- B. Develop the knowledge and understanding necessary for fulfilling his calling effectively in modern society.
- C. Discover and develop particular gifts and talents.
- D. Train and discipline those skills and attitudes necessary for satisfaction and productively in work and/or advanced levels of schooling.
- E. Develop awareness of him/herself as a learner able to adapt knowledge, skills, and attitudes to the ordinary tasks of life.
- F. Acquire competence for responsible living as an adult; especially the sensitivity and skill necessary for effective communication.
- G. Follow the norms for good health and physical fitness.
- H. Develop abilities of perception and judgment in moral and ethical matters.
- I. Mature as a Christian person in relation to self, others, and the environment.
- J. Acquire appreciation for the custom, habits, and beliefs of other Christian faith communities, ethnic groups, and other cultures.

Physical Education

- 1. Each of us is a divinely-created creature who is soul and body, a conscious personal being and a biological one. The body is a priceless possession for the Christian. Students should learn that their bodies are important.
- 2. Our bodies are temples of the Holy Spirit. God gives us physical attributes (talents), and we must care for those just as much as our intellectual and spiritual ones. The care of our bodies is our decisional responsibility and part of our reasonable service to God.
- 3. Each of us is an organic whole. Education through the physical is not only possible but necessary! Because children learn by precept and practice, one task in physical education is to see that children understand and practice such values as personal integrity, cooperation, self-respect, responsibility, and persistence.



4. Creative: Developing and maintaining health fitness and motor proficiency. Students will care for their bodies (health fitness) and will use human movement (motor proficiency) to most efficiently and meaningfully serve God and humanity.
5. Intellectual: Understanding the human organism in action. True thankfulness to God should be the result of understanding how our bodies are created and maintained.
6. Decisional: Developing the ability to make decisions about fitness, sport, and recreational pursuits and about Christian personal and social conduct.